



# Cardiovascular Disease in Women Symposium

November 1, 2025

UVA Student Health & Wellness

Hosted by: Women's Heart Care Program  
and UVA Heart & Vascular Center

## PROGRAM OVERVIEW

This educational program addresses critical gaps in clinician awareness and training regarding sex-specific differences in cardiovascular disease, such as SCAD, CMD, and hypertensive disorders of pregnancy. It aims to improve the application of guideline-directed therapies and increase the representation of women in cardiovascular clinical trials, thus enhancing evidence-based care. The program provides education on emerging diagnostic tools, risk stratification, and management strategies tailored to women's cardiovascular health. It also highlights systemic barriers and advocates for multidisciplinary care models to optimize outcomes. The activity is designed to enhance clinicians' understanding of sex-specific cardiovascular pathophysiology, improve their use of contemporary risk assessment tools, and encourage team-based care strategies. Additionally, it promotes increased participation of women in cardiovascular research.

## DESIRED OUTCOMES

At the end of the educational activity, learners will be able to:

- Recognize the unique cardiovascular challenges faced by women across different life stages, from pregnancy to advanced age.
- Analyze sex-specific differences in IHD pathophysiology and diagnostic testing, highlighting its unique phenotypes and conditions more commonly seen in women.
- Evaluate the significance of gender-specific considerations in the management of valvular disorders and aortopathies.
- Develop strategies for promoting comprehensive women's cardiovascular health, encompassing prevention, early detection, and tailored treatment approaches.

## TARGETED AUDIENCE

This program is designed for health care professionals including community-based and academic physicians, advanced practice providers, nurses, and trainees.

# PROGRAM AGENDA

## Morning Sessions

| Time   | Session   | Speaker/Moderators  |
|--|---|---|
| 7:30AM-8:30AM  | <b>Registration/Visit Exhibitors/Breakfast(Provided)</b>  |   |
| 8:30AM-8:35AM  | <b>Welcome</b>  | Patricia Rodriguez-Lozano, MD, MS<br>Director of the Women's Heart Care Program |
| 8:35AM-8:45AM  | <b>Opening Remarks</b><br>Dr. Kramer, Chief, Cardiovascular Division<br><i>"Driving Change in Women's Heart Health: A Presidential Perspective"</i> | Christopher Kramer, MD<br>President American College of Cardiology              |
| 8:45AM-9:00AM  | <b>Keynote: Patient Testimonials (SCAD-ANOCA)</b>   | Patricia Rodriguez-Lozano, MD, MS   |
| <b>SESSION ONE: Prevention Women's Cardiovascular Prevention: Novel Strategies for Risk Reduction and Early Intervention</b> |   | Moderator:<br>Nisha Hosadurg MD   |
| 9:00AM-9:10AM  | <i>"Personalizing Prevention: Leveraging Sex-Specific Risk Assessment in Women's Cardiovascular Care"</i>   | Gina Lundberg, MD   |
| 9:10AM-9:20AM  | <i>"Plaque, Prevention, and Precision: Contemporary Lipid Management in Women"</i>  | Todd Villines, MD   |
| 9:20AM-9:30AM  | <i>"Social Determinants of Health and Cardiovascular Risk in Women: A Call for Equity"</i>  | Arnethea Sutton, PhD  |
| 9:30AM-9:50AM  | Session One: Question and Answer Panel  |   |
| 9:50AM-10:10AM   | <b>NETWORKING BREAK/VISIT EXHIBITORS</b>  |   |
| <b>SESSION TWO: CardioObstetric: Managing Cardiovascular Health During Pregnancy</b>   |   | Moderators:<br>Jennifer Choffel, RN<br>Erin Tennyson, AG-ACNP                   |
| 10:10AM-10:20AM  | <i>"Risk Stratification and Pregnancy Planning in Women with Cardiovascular Disease"</i>  | Garima Sharma, MD   |
| 10:20AM-10:30AM  | <i>"Hypertensive Disorders of Pregnancy and Long-Term Cardiovascular Risk"</i>  | Agnes Koczo, MD   |
| 10:30AM-10:40AM  | <i>"Multidisciplinary Approach to High-Risk Pregnancies: The Role of Maternal-Fetal Medicine and Cardiology."</i>                                   | Christopher Ennen, MD   |
| 10:40AM-11:00AM  | Session Two: Question and Answer Panel  |   |
| <b>SESSION THREE: Unraveling the Mysteries of NOCAs</b>  |   | Moderator:<br>Nisha Hosadurg MD   |
| 11:00AM- 11:10AM   | <i>"Insights from Physiology and Microvascular Function"</i>  | Jonathan Lindner, MD  |
| 11:10AM-11:20AM  | <i>"The NOCAs and Beyond: Diagnostic Challenges and Evolving Therapies."</i>  | Patricia Rodriguez- Lozano, MD, MS  |
| 11:20AM-11:30AM  | <i>"Decoding Ischemia: The Role of Coronary Functional Testing in Non-Obstructive CAD."</i>   | Olga Toleva, MD   |
| 11:30AM-11:45AM  | Session Three Question and Answer Panel   |   |
| 11:45AM- 12:45PM   | <b>LUNCH(Provided)/ VISIT EXHIBITORS</b>  |   |

# PROGRAM AGENDA

## Afternoon Sessions

| Time  | Session   | Speaker/Moderators   |
|---|---|--|
| <b>SESSION FOUR: SCAD New Insights About This Not-So-Rare Condition</b>                                       |   | Moderator:<br>Patricia Rodriguez-Lozano, MD, MS                                    |
| 12:45PM-12:55PM   | <i>"Diagnosing and Managing SCAD: Best Practices and Evolving Strategies"</i>                                       | Angela Taylor MD,MS, MBA   |
| 12:55PM-1:05PM  | <i>"SCAD: Bridging Knowledge Gaps and Research Priorities"</i>  | Esther Kim, MD   |
| 1:05PM-1:15PM   | <i>"SCAD and Fibromuscular Dysplasia: Exploring the Overlap."</i>   | Randy Ramcharitar, MD  |
| 1:15PM-1:30PM   | <i>Session Four: Question and Answer Panel</i>  |  |
| <b>SESSION FIVE: Sex Differences in Heart Failure</b>   |   | Moderator:<br>Kristy Perry, PharmD   |
| 1:30PM-1:40PM   | <i>"Heart Failure with Preserved Ejection Fraction (HFpEF): Why Women Are at Greater Risk"</i>                      | Mohammed Abuannadi, MD   |
| 1:40PM-1:50PM   | <i>"Postpartum Cardiomyopathy: Understanding Risk, Diagnosis, and Long-Term Outcomes"</i>                           | Steven Philips MD,MS   |
| 1:50PM-2:00PM   | <i>"Cardio-Oncology and Heart Failure: Managing Women at the Intersection of Cancer and Cardiovascular Disease"</i> | Ana Barac, MD  |
| 2:00PM-2:15PM   | <i>Session Five: Question and Answer Panel</i>  |  |
| <b>2:15PM-2:35PM</b>  | <b>NETWORKING BREAK/VISIT EXHIBITORS</b>  |  |
| <b>SESSION SIX: Sex Differences in Valvular and Vascular Disease</b>  |   | Moderator:<br>Leora Yarboro, MD  |
| 2:35PM-2:45PM   | <i>Sex Differences in Valvular Disease: From aortic stenosis to mitral valve prolapse."</i>                         | Mohamed Morsy, MD  |
| 2:45PM-2:55PM   | <i>"Aortic Disease in Young Women: Unique Risks and Management Strategies"</i>                                      | Jared Beller, MD   |
| 2:55PM-3:05PM   | <i>"PAD in Women: Why Outcomes Lag Behind"</i>  | Merry Ellen Barnett, MD  |
| 3:05PM-3:20PM   | <i>Session Six Question and Answer Panel</i>  |  |
| <b>SESSION SEVEN : Closing the Gap: Women's Visibility in Cardiovascular Trials and Industry Perspectives</b> |   | Moderator:<br>Antonio Abbate, MD   |
| 3:20PM-3:30PM   | <i>"The Gender Gap in Cardiovascular Clinical Trials: Where Are We Now?"</i>  | Nosheen Reza, MD   |
| 3:30PM-3:40PM   | <i>"Translating Research into Practice: Why Women's Inclusion in Trials Matters for Clinical Care"</i>              | Pamela Douglas, MD   |
| 3:40PM-3:50PM   | <i>"Research Funding that Addresses the Unique Needs of Women's Cardiovascular Health"</i>                          | Tracy Wang, MD, MHS, MSc, FACC   |
| 3:50PM-4:05PM   | <i>Session Seven Question and Answer Panel</i>  |  |
| <b>4:05PM-4:15PM</b>  | <b>Conference Wrap Up</b>   | Patricia Rodriguez-Lozano, MD, MS<br>Angela Taylor MD,MS, MBA<br>Leora Yarboro, MD |
| <b>4:15PM-5:15PM</b>  | <b>Networking Reception</b>   |  |

## VISITING FACULTY

### **Ana Barac, MD, PhD, FACC, FAHA**

Inova Schar Cancer and Inova Schar Heart and Vascular's D'Aniello Chair, Cardio-Oncology Medical Director of the Cardio-Oncology Program  
INOVA  
Fairfax, Virginia

### **Pamela Douglas, MD**

Ursula Geller Distinguished Professor of Research in Cardiovascular Diseases  
Professor of Medicine  
Member in the Duke Clinical Research Institute  
Durham, North Carolina

### **Esther Kim, MD**

Director of the Center for Women's Cardiovascular Health at Atrium Health Sanger Heart and Vascular Institute  
Charlotte, North Carolina

### **Agnes Koczo, MD**

Assistant Professor of Medicine, Division of Cardiology  
Magee-Women's Research Institute & Foundation  
Hospital of the University of Pennsylvania  
Philadelphia, Pennsylvania

### **Gina Lundberg, MD**

Clinical Director of the Emory Women's Cardiovascular Health Center  
Professor of Medicine at Emory University  
Emory Healthcare  
Marietta, Georgia

### **Nosheen Reza, MD**

Director, Penn Women in Cardiology Program  
Assistant Program Director, Cardiovascular Disease Fellowship Program  
Assistant Professor of Medicine, Cardiovascular Medicine  
Hospital of the University of Pennsylvania  
Philadelphia, Pennsylvania

### **Garima Sharma, MD**

Director of Women's Cardiovascular Health, Director of the Cardio-Obstetrics Program – a collaboration between Inova Schar Heart and Vascular and Inova Women's  
Director of the Inova Preventive Cardiology Program  
INOVA  
Fairfax, Virginia

### **Arnethea Sutton, PhD**

Assistant Professor  
VCU Massey Comprehensive Cancer Center  
Virginia Commonwealth University  
Richmond, Virginia

### **Olga Toleva, MD, MPH, CCFP, FRCP**

Georgia Heart Institute  
Interventional Cardiologist  
Gainesville, Georgia

### **Tracy Wang, MD, MHS, MSc, FACC**

PCORI Chief Officer for Comparative Clinical Effectiveness  
(Patient Centered- Outcomes Research Institute)  
Clinical Professor Stanford University School of Medicine  
Durham, North Carolina

## PLANNING COMMITTEE MEMBERS

\* Denotes Course Directors

### **Patricia Rodriguez-Lozano MD, MS\***

Assistant Professor of Medicine and Radiology  
Director of UVA Health Women's Heart Care  
Associate Program Director, Cardiovascular Disease Fellowship  
Program Co-Director iDRIV (Inspiring Diverse Researchers in Virginia)

### **Angela Taylor MD,MS, MBA\***

Physician Lead Quality and Strategy, Heart and Vascular Service Line  
Interventional Cardiology

### **Leora Yarboro, MD\***

Cardiac Surgery

### **Jennifer Choffel, AGACNP-BC**

UVA Cardiology Women's Health Care

### **Alicia Gower, BSN**

UVA Heart & Vascular

### **Amy Leake, M.Ed.**

CE Program Manager

## UVA FACULTY

### **Antonio Abbate, MD**

Ruth C. Heede Professor of Cardiology  
General Cardiology

### **Mohammed Abuannadi, MD**

Associate Professor of Medicine  
Advanced Heart Failure and Transplant Cardiology  
Medical Director, Advanced Heart Failure and Transplant Cardiology

### **Merry Ellen Barnett, MD**

Assistant Professor of Medicine  
Vascular Medicine

### **Jared Beller, MD**

Cardiac Surgery

### **Christopher Ennen, MD**

Assistant Professor of Medicine  
Maternal and Fetal Medicine

### **Nisha Hosadurg, MD**

Assistant Professor,  
Cardiology

### **Jonathan Lindner, MD**

Frances Myers Ball Professorship in Cardiology  
Vice Chief for Research,  
Cardiovascular Division General Cardiology  
Director, Advanced Cardiovascular Imaging Fellowship Program

### **Christopher Kramer, MD**

George A. Beller/Lantheus Medical Imaging  
Distinguished Professor of Cardiovascular Medicine  
Chief, Cardiovascular Division.  
President, American College of Cardiology 2024-2026

### **Mohamed Morsy, MD**

Associate Professor of Medicine  
General Cardiology

### **Kristy Perry, PharmD, BCACP**

Cardiology, Ambulatory Clinical Pharmacist

### **Steven Philips MD,MS**

Assistant Professor of Medicine,  
Advanced Heart Failure and Transplant Cardiology

### **Randy Ramcharitar, MD**

Assistant Professor of Medicine  
Vascular Medicine

### **Erin L Tennyson, AG-ACNP**

Women's Heart Health Care

### **Todd Vilines, MD**

Professor of Medicine  
Cardiovascular  
Imaging/General Cardiology

# ACCREDITATION AND DESIGNATION STATEMENT



In support of improving patient care, UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Physicians

UVA Health Continuing Education designates this live activity for a maximum of **6 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Nurses

UVA Health Continuing Education awards up to **6 contact hour(s)** for nurses who participate in this educational activity and complete the post activity evaluation.

## Hours of Participation

UVA Health Continuing Education awards **6 hours of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.

# REGISTRATION



Scan the QR code or navigate to **www.cmevillage.com** and select this conference from the Upcoming Courses list. The course syllabus will be available online the week of the conference until 30 days after the conference.

PLEASE NOTE: Our conference website has policies on cancellation, payment methods, and accommodation requests.

|                            | <i>Rates</i> |
|----------------------------|--------------|
| Physicians                 | \$250.00     |
| Non- MD                    | \$150.00     |
| Fellows/Residents/Students | \$80.00      |

## UVA HR Education Benefits

<https://hr.virginia.edu/career-development/education-benefits-1>

## LOCATION & PARKING

This course will be held at the UVA Student Health & Wellness Center. Located at 550 Brandon Avenue, in Charlottesville, VA. Parking will be available for attendees at the Student Health and Wellness Center Parking Garage.

## ▶ CONTACT INFO

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